

DECEMBER 10, 2019

Journey Enews

Things to Know:

Tuesday Night Men's Group will meet December 10th, at the Burley Market & Cafe @ 5 PM.

Men's Group will resume meeting in January after tonight's meeting.

Join us this weekend as we begin our Christmas series "Reclaiming Joy"

Journey Community Christian Church
Service Times:
Saturday @ 6 PM
Sunday @ 10:30 AM

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Ouch

I assaulted myself! That's the punchline, but let me give you the backstory. The day before Thanksgiving my agenda suddenly changed. I made an unplanned trip to the local emergency room and left with seven stitches above my eye to close a nasty gash.

This inconvenient detour was the result of me just being in too big of a hurry. I was trying to get the church building all cleaned and ready for the weekend. Bryan, our youth minister, was up front with the mop bucket. I was emptying trash and getting new trash can liners in the restrooms. I bent down for a trash bag, quickly turned to head out the bathroom door, and BAM. It turns out I wasn't quite in the doorway. I smashed headfirst into the doorframe instead.

In my mind, I was just going to knock this out and get on with my holiday plans. I was thinking about a lot of things at once. I bet you have done that, too. I was distracted and not paying much attention to the job right in front of me. They say that's when a lot of home and industrial accidents happen. Now I'm just another workplace accident statistic.

My plans for a relaxing day quickly changed when I slammed headlong into that unflinching doorframe. Many people I speak with who are looking for pastoral support have an unpleasant event that has disrupted their normal life. It might be losing a job, an unexpected illness, a financial crisis or almost anything. I usually try to calm their fears and concerns with positive comments. Somewhere in my conversation I normally suggest that a crisis isn't always a bad thing; it can be an opportunity.

Today, I am thinking about my own advice. Moving forward with our best plans still requires that we slow down enough to be safe. This was a painful lesson I learned the hard way today. As humans navigating this life, we have a tendency to get out in front of our skis, so to speak. When we get too far ahead of ourselves, we're usually in for a nasty fall. Today I was just working so fast, without focusing, that I harmed myself.

Take it from me – whatever seems urgent in your life, slow just a bit and get your bearings before rushing headlong out the door. Like me, you may discover there is no door there after all.

Ouch.

Moving Forward.
God is Good.

Bobby D.

