

Journey Enews

Things to Know:

Tuesday Night Men's Group will resume Tuesday, September 17th @ the Burley Market & Cafe in Cynthiana at 5 PM

J-Groups are currently meeting in homes! If you want more information, contact Bobby or Bryan!

Join us this weekend as we wrap-up our series called "You Fit Here"

Journey Community Christian Church
Service Times:
Saturday @ 6 PM
Sunday @ 10:30 AM

Journey Church
Contact Info:
1050 US 27 S STE 8
Cynthiana, KY 41031
849.235.8449
journeychurchoffice@gmail.com
journeychurchsite.org

Find us on Social Media!

Closets

Besides extended vacations, weekend trips and sleeping late, what else did you do this summer? Many schools and colleges are starting back up this week. Students are filling hallways, moving into dorms, and sporting new back-to-school clothes. I heard several people talk about going through closets this summer and clearing out some clutter. If you checked this off of your summer to-do list, congrats for tackling a worthy job no one really enjoys.

Clearing out space in closets reminds me of the importance of also periodically purging negative thoughts and activities that can fill a person's life. Like too many coats, shoes, blankets and boxes crammed into a hallway closet, life can get crammed full stuff that is no longer needed. If you haven't used something in weeks or months or years, let it go.

At first glance, straightening up the clutter seems doable to most people. In truth, it's much harder to begin. A lot of us like to put off the decluttering, whether it's our closets or our lives. Wisdom would tell us we shouldn't wait so long; it just makes things harder. Even with no big reason for waiting, we often put off unpleasant tasks as long as possible.

Unfortunately, things begin to stack up pretty quickly, both in closets and in life. Before we know it we've got junk spilling out onto the floor. Our schedules get loaded down with more on our to-do list than we can possibly manage. We often try to cope by running harder, longer, and faster until physical and emotional collapse is inevitable. Doing one's life at full-throttle eventually takes a toll. Our emotional, relational, and internal parts just get worn out.

I am reminded of Jesus' supportive words regarding those days when our lives get overloaded with too many thoughts and activities, leaving us weary. For those days when you desperately need to clear some room in the closets of your life, Jesus offers the following words of hope:

"Are you tired? Worn? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me - watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." Mt 11:28 MESSAGE

I'm more determined to let go of some things this fall that load down my schedule. How about you? Are you ready to clear out a little closet space for more worthy things? Maybe it's time we get rid of some long-term negative thoughts about ourselves and others; purge some clothing which no longer fits but has been hanging in there for years.

What size shoes you wear? Maybe I can help.

Moving Forward.
God is Good.

Bobby D.

